

## Packing List – 6<sup>th</sup> Grade Fall – (due at school: Monday, September 9)

# = These items may be borrowed from EW Gear Library if necessary and returned clean the next school day after the trips!

\* = One of each of these can be brought home after packing day and worn on the 1st day of the trip

- \_\_\_\_\_ 1 large bag to hold your personal items (duffel bag, large gym bag, backpack, etc.)
- \_\_\_\_\_ 1 daypack (e.g. Your school backpack - no wheel bags, however)
- \* \_\_\_\_\_ 3 pr. Wool or acrylic **non-cotton** socks
- \* \_\_\_\_\_ 1 pr. *sturdy, broken-in, waterproofed* hiking boots that completely cover ankles (wear these) #
  
- \* \_\_\_\_\_ 1 pr. lightweight pants (not denim)
- \* \_\_\_\_\_ 1 pr. lightweight shorts (not denim)
- \_\_\_\_\_ 1 pr. work pants (denim ok)
- \_\_\_\_\_ 2 long sleeve shirts (one of these will be your work shirt)
- \* \_\_\_\_\_ 2 t-shirts (**NOT COTTON!**)
- \* \_\_\_\_\_ 3 pr. regular underwear
- \* \_\_\_\_\_ 1 wool sweater or polarfleece jacket #
- \_\_\_\_\_ 1 waterproof jacket (NOT just water resistant!) #
- \_\_\_\_\_ 1 pr. waterproof pants #
- \_\_\_\_\_ 1 pr. warm gloves or mittens
- \_\_\_\_\_ 1 pr. work gloves (ie. gardening gloves)
- \_\_\_\_\_ 1 wool or polarfleece hat
- \_\_\_\_\_ 1 flashlight or headlamp with extra batteries
- \_\_\_\_\_ 1 sleeping bag (rated at least 32 degrees) in a water-resistant stuff sack #
  
- \_\_\_\_\_ 1 sleeping pad #
- \_\_\_\_\_ 2 full durable 1L water bottles
- \_\_\_\_\_ 1 bowl and thermal cup
- \_\_\_\_\_ 1 spoon or spork
- \_\_\_\_\_ 1 journal and pen in a Ziploc bag
- \_\_\_\_\_ 3 large garbage bags (for dirty, wet clothes and picking up camp detritus)
- \_\_\_\_\_ any personal medications (given to trip leaders on packing day)
- \_\_\_\_\_ plenty of sunblock (at least 30 SPF) and bug repellent
- \_\_\_\_\_ sunglasses (UV protective - a \$5 pair from a gas station will work)
- \_\_\_\_\_ toiletries (toothbrush, toothpaste, comb, wet wipes, **extra toilet paper**, etc.)

### OPTIONAL ITEMS:

Camera                      reading book                      bandana                      binoculars  
Deck of cards                      field guides                      folding & locking knife – blade ≤ 3"  
\$3 cash in case of treat                      lightweight camp shoes/sandals – **ABSOLUTELY NO flip flops!**

**Please do not bring cell phones, portable music players or electronic games. Candy, gum or additional foods are unnecessary. Please leave all of these at home. Students will not open or use a knife until student is approved by Phil or other staff. Questions? Contact Phil G at [philg@explorer-west.org](mailto:philg@explorer-west.org)**