

## Packing List – 8<sup>th</sup> Grade Spring (due at school: Friday May 29)

*PLEASE mark all personal clothing & gear with your name*

**# = These items may be borrowed from EW Gear Library if necessary and returned clean the next school day after the trips!**

**\* = One of each of these can be brought home after packing day and worn on the 1st day of the trip**

\_\_\_ 1 large appropriately fitting backcountry backpack, at least 4200 cubic inches (>55 Liters) in volume#

\_\_\_ 2-3 small stuff sacks (for organizing gear within the main pack)#

\* \_\_\_ 4 pr. wool socks

\_\_\_ 1-3 pr. lightweight liner socks (optional)

\* \_\_\_ 1 pr. *sturdy, broken-in, supportive, waterproof* hiking boots that completely cover your ankles#

\* \_\_\_ 1 pr. lightweight shorts or pants (**NOT**

**COTTON!**)

\_\_\_ 1 long underwear top (**NOT COTTON!**)

\_\_\_ 1 long underwear bottom (**NOT COTTON!**)

\* \_\_\_ 2 t-shirts (**NOT COTTON!**)

\* \_\_\_ 3-4 pr. underwear

\* \_\_\_ 1 wool sweater or polarfleece jacket #

\_\_\_ 1 waterproof raincoat #

\_\_\_ 1 pr. waterproof rain pants #

\_\_\_ 1 pr. warm gloves or mittens

\_\_\_ 1 wool or polarfleece hat

\_\_\_ 1 flashlight/headlamp with extra batteries

\_\_\_ 1 sleeping bag (rated to at least 32 degrees)

in a compression stuff sack if possible#

\_\_\_ lightweight shoes/sandals for camp & river

crossings (**ABSOLUTELY NO flip flops!**)

\_\_\_ 1 sleeping pad #

\_\_\_ 2 durable 1L water bottles (minimum)

\_\_\_ 1 small bowl and 1 thermal cup (no glass or ceramic)

\_\_\_ 1 spoon or spork

\_\_\_ 1 journal and pen in a Ziploc bag

\_\_\_ 3 large garbage bags (to protect equipment from rain and gather beach debris)

\_\_\_ sunglasses (ex. \$5 UV protective pair from Bartell)

\_\_\_ any personal medications (give to trip leaders with dosing instructions)

\_\_\_ toothbrush & travel size toothpaste (other personal toiletries only as ABSOLUTELY needed)

\_\_\_ 4 days worth of toilet paper in a Ziploc bag

### OPTIONAL ITEMS:

camera

reading book

bandana

binoculars

sun hat

deck of cards

field guides

folding & locking knife – blade ≤ 3"

\$4 cash in case of treat

**Please do not bring cell phones, portable electronic devices, candy, gum or any fragrant items (ie deodorant or lotions). Please leave all of these at home. Students will not open or use a knife until student is approved by Phil or other staff. Questions? Contact Phil G at [philg@explorer-west.org](mailto:philg@explorer-west.org)**