

## Packing List 8<sup>th</sup> Grade Fall – (due at school: Tuesday, September 12)

*PLEASE mark all personal clothing & gear with your name*

**# = These items may be borrowed from EW Gear Library if necessary and returned clean the next school day after the trips!**

**\* = One of each of these can be brought home after packing day and worn on the 1st day of the trip**

\_\_\_ 1 large appropriately fitting backpack, at least 3900 cubic inches (~58 Liters) in volume#

\_\_\_ 2-3 small stuff sacks (for organizing gear within the main pack) #

\* \_\_\_ 3 pr. wool socks (wear one day of trip)

\_\_\_ 1-3 pr. lightweight liner socks (optional)

\* \_\_\_ 1 pr. *sturdy, broken-in, waterproof* hiking boots that completely cover your ankles (wear day of trip)#

\* \_\_\_ 1 pr. lightweight shorts (not denim)

\* \_\_\_ 1 pr. Lightweight pants (not denim)

\_\_\_ 1 long underwear top (**NOT COTTON!**)

\_\_\_ 1 long underwear bottom (**NOT COTTON!**)

\* \_\_\_ 2 t-shirts (**NOT COTTON!**)

\* \_\_\_ 3 pr. underwear

\* \_\_\_ 1 wool sweater or polarfleece jacket #

\_\_\_ 1 waterproof raincoat #

\_\_\_ 1 pr. waterproof rain pants #

\_\_\_ 1 pr. warm gloves or mittens

\_\_\_ 1 wool or polarfleece hat

\_\_\_ 1 flashlight or headlamp with extra batteries

\_\_\_ 1 sleeping bag (rated to at least 32 degrees)

in a compression stuff sack #

\_\_\_ 1 sleeping pad #

\_\_\_ 2 full, durable 1L water bottles

\_\_\_ 1 small bowl (no glass or ceramic) and 1 thermal cup

\_\_\_ 1 spoon or spork

\_\_\_ 1 journal and pen in a Ziploc bag

\_\_\_ 3 large garbage bags (to protect equipment from rain and gather trail trash)

\_\_\_ plenty of sunblock (minimum 30 SPF) and bug repellent

\_\_\_ sunglasses (UV protective – a \$5 pair from a gas station should do the trick)

\_\_\_ any personal medications (give to trip leaders with dosing instructions)

\_\_\_ toothbrush & travel size toothpaste (other personal toiletries as needed)

\_\_\_ 3 days worth of toilet paper in a Ziploc bag

\_\_\_ Copy of Myth from Tim's class

### **OPTIONAL ITEMS:**

Camera      reading book      bandana      binoculars      sun hat      knife – locking blade ≤ 3" \$4  
cash in case of treat      lightweight camp shoes/sandals with heel strap – **ABSOLUTELY NO flip flops!**

**Please do not bring cell phones, portable music players, or other electronics. Candy, gum, deodorant, fragrant lotions, and additional foods are unnecessary. Please leave all of these at home. Students will not open or use a knife until student is approved by Matt or other staff. Additional questions? Contact Matt Kostle at [mattk@explorer-west.org](mailto:mattk@explorer-west.org)**